



Path Finders

Std 9<sup>th</sup> and 10<sup>th</sup>

The Communion Service and the Concluding Service

## Objective

By the end of this lesson, students will be able to:

- Understand the significance of the Communion and Concluding rites in the Holy Qurbana.
- Reflect on the spiritual meaning of Holy Communion and its preparation.
- Recognize the importance of thanksgiving, blessing, and mission in the concluding prayers.
- Apply the call to live in communion with God and neighbor in daily life.

## Introduction

**Activity: Quick Reflection Question** Ask:

*“Imagine a person who has hurt their family deeply but returns with true repentance. How should the family respond?”*

(Allow a few students to share responses briefly.)

➡ Then show a **picture of the Prodigal Son's return** and connect it to

God's love, mercy, and our union with Him through Holy Communion.

## **Presentation**

Break the lesson into four key parts with explanation and discussion:

### ***A. Rite of Reconciliation***

- Based on the parable of the Prodigal Son (Lk. 15:1–24).
- Emphasize God's mercy and the call to repentance.
- Describe the "O Christ, you are the peace" prayer and psalm of repentance.
- Meaning of incensing: preparation and forgiveness.

### ***B. Rite of Fraction***

- Prayer: "I am the living bread..."
- Significance of dividing the host and dipping it in the precious blood.
- Spiritual meaning: Jesus' sacrifice for our sins.

### ***C. Rite of Communion***

- Key: Union with Jesus through receiving His body and blood.
- Lord's Prayer: Asking God's help against temptation.
- Preparatory steps: Purity of conscience, love, forgiveness, harmony.

### ***D. Concluding Service***

- Thanksgiving for the Eucharist.
- Final blessing: Mission to spread the Good News.
- Eschatological hope: Heaven, resurrection, and second coming.

## **Habit Formation**

Encourage students to:

- **Examine their conscience** before Holy Qurbana.
- **Forgive and seek forgiveness** from others regularly.
- Attend Qurbana not just as a ritual, but with love and full awareness of its mystery.
- Remember: Communion leads to **mission** – to live and witness Christ.

## Activity

Distribute the Holy Qurbana text or project it on a screen.

**Task: In groups of 3–4, identify and list the following from the text:**

1. Prayers that show **repentance**.
2. Prayers that express the **holiness of God**.
3. Prayers that mention the **forgiveness of sins**.

Have each group present one point briefly. (This reinforces textual understanding.)

## Bible Verse

Read and learn.

Jn 6:54

## Conclusion

- Summarize: Holy Communion is the climax of our union with Jesus, and the concluding rite sends us out to be missionaries.
- Ask: “What will you do differently in the next Qurbana you attend?”
- End with a short prayer: *“Lord, make me worthy to receive You and to live Your mission daily.”*

