

LESSON PLAN

CHAPTER 4

Path Finders

Std 9 & 10

Holy Qurbana The Highest Form Of Worship

Objective

- Understand the theological and liturgical meaning of Holy Qurbana in the Syro-Malabar tradition.
- Explain why Holy Qurbana is the highest form of worship.
- Identify and explain the structure and key elements of the Syro-Malabar Qurbana.
- Reflect on their own participation in the Qurbana with reverence and devotion

Introduction

- ***Ask students the question:***

What is the most powerful way we can connect with God as a community?

Encourage a short discussion.

Show a short 2-minute video clip or image of a solemn Holy Qurbana celebration (incense, altar, communion, etc.)

What do you feel when you watch this?

Why do you think this is important in our faith?

Presentation of the Topic

What is Holy Qurbana?

- It is the re-presentation of Christ's eternal sacrifice on Calvary.
- It is thanksgiving, praise, and communion.
- It unites heaven and earth.

Why is it the Highest Form of Worship?

- It was instituted by Jesus during the Last Supper.
- It includes body, soul and spirit in worship.
- We participate in the eternal sacrifice of Jesus.
- We receive the true Body and Blood of Christ.

Structure of the Syro-Malabar Qurbana

Introductory Rites (Raza Qurbana)

Preparation, penitence, and entrance hymn.

Liturgy of the Word

Readings, Homily, Karozutha (intercessions).

Liturgy of the Eucharist

Offertory, Anaphora (including Epiclesis and Institution Narrative), Fracture, Communion.

Scripture References:-

Luke 22:19-20, Corinthians 11:23-26 & Hebrews 9:11-14

Habit Formation

I will receive the body and blood of Jesus worthily whenever I participate in holy Qurbana

Activity

Divide students into 3 groups:

- Group 1: Introductory Rites
- Group 2: Liturgy of the Word
- Group 3: Liturgy of the Eucharist

Each group will:

Summarize what happens in their part.

Share how this part helps us encounter Christ.

Bible Verse

Read and Learn

1Corinthians 11:27

Conclusion

The Syro-Malabar Qurbana is not just a ceremony – it's a sacred mystery. In every Qurbana, Jesus offers Himself for us. It is the most powerful moment of our spiritual life.

End with a prayer:

Lord Jesus, open our hearts to understand the beauty of the Holy Qurbana. Help us to receive You with love and offer ourselves to You in every celebration.