

Lesson Plan

PATH FINDERS

CHAPTER 13

The Sacrament of Matrimony

Objective

By the end of this lesson, students will be able to:

- To understand the meaning and purpose of the Sacrament of Matrimony in the Church.
- To explore how Christian marriage reflects God's love and covenant.
- To encourage students to value family, love, faithfulness, and commitment.

Introduction

Option 1:

Ask students: “What do you think makes a good marriage?”

Let them toss around ideas—love, trust—then lead into the real talk:

“What does God say about marriage?”

Option 2:

Show a short, heartwarming video of a couple sharing their faith-based marriage story, or even a montage of wedding moments in church.

Follow up: “Why do people get married in church, and not just at a beach or court?”

Presentation of the Topic

1. Explain the Concept:

Marriage is a covenant—not just a contract—between a man and a woman, sealed by God. Through the Sacrament of Matrimony, couples receive grace to love each other selflessly and raise a family in faith.

2. The Core Teachings:

- a. Marriage = lifelong, faithful, fruitful.
- b. It's a vocation! (Just like priesthood or religious life.)
- c. It mirrors Christ's love for the Church (Ephesians 5:25).
- d. The couple are the ministers of the sacrament – wild, right? The priest just blesses it.

3. Vibes Check – What It's NOT:

- § Not about perfection, but growing together.
- § Not just romance and roses, but sacrifice, service, and support.

4. Church Fact Drop:

- o Pope Francis says: "A good marriage is like a good wine—it gets better with age if you treat it right."
- o Marriage prep is a thing in the Church—because it's not just about the wedding, but the life that comes after.

Habit Formation

Encourage students to:

- ✓ Pray for their parents and for strong marriages in the community.
- ✓ Think about how they themselves show love, patience, and commitment in friendships (baby steps to bigger love later).

Activity

Marriage Vibe Check – Real vs. Ideal

Split students into groups. Give them cards with scenarios

(example: "One partner always forgives; the other holds grudges," or "A couple prays together during tough times.")

Have them decide:

■ Is this a reflection of God's idea of marriage?

■ Or is it an unhealthy vibe?

Then they create a “Healthy Marriage Recipe” poster with ingredients like Trust, Forgiveness, Prayer, Respect, etc.

Bible Verse

Ephesians 5:25 – “Husbands, love your wives, just as Christ loved the church.”

Conclusion

Dear Heavenly Father,

As we conclude our lesson on the Sacrament of Matrimony, we thank you for the gift of love and family. Help us to cherish and value the bond of marriage, reflecting your covenant of love and faithfulness. We pray for all couples, families, and relationships, that they may be strengthened and guided by your grace.

Amen.