

Objective:

- Understand the meaning of sin and the ruin or consequence of sin.
- ♦ Know the meaning of contrition.
- ♦ Being aware of God's mercy and love.
- ♦ Know that our sins can be wiped away by the sacrament of reconciliation.
- Refresh the steps to have a good confession.
- Sacrament of healing as in anointing of the sick for health of ones body and spirit.

Introduction:

Ask them:

- 1. Have you ever felt wronged or cheated by some one close to you, like your best friend or fa family member?
- 2. Why did you feel hurt?
- 3. Have you wronged somebody in your life?
- 4. Did you feel bad about it?

Tell them that:

- 1. Doing wrong is equivalent to sin.
- 2. You never expected that person to do that to you because you love that person. You are hurt because you feel how could he/she do that to me? It betrays your trust.
- 3. Similarly if you hurt somebody, say you intentionally spoke rudely and hurt your mother/father/friend.
- 4. Later you felt so sorry. Why? Because you love them so much and it hurt you that you caused them pain.

Presentation of the Topic:

When we wrong somebody or are wronged our relationship with that person gets strained. It starts to affect how we behave with that person and even sometimes with others. Similarly, when we sin, our relationship with God is strained. It affects our relationship with our selves, with others and the world.

When we feel sorry, we are contrite. Then we go and say sorry to that person and we make up. That is reconciliation. Then we feel happy and at peace.

Thus through the sacrament of reconciliation, we say sorry to Jesus for hurting Him who loves us so much. His mercy offers us forgiveness even for the most grave sins if we are contrite and seek Him in the the sacrament of reconciliation.

Take reference of all the passages where Jesus heals sick people and says 'Your sins are forgiven'. Mk 2:5-11, Lk 7:39-48, Jn 8: 10-11 etc. Jesus had the power to forgive sins and he entrusted the apostles (Jn 20:21-23) to forgive with His power and that power He continues to entrust to the priests of His church.

Now the body also needs healing when it is sick and man should take refuge in God. Tell about how in the ancient church they prayed over the sick. (James 5:14-15) Then explain the anointing of the sick.

Thus the sacrament of reconciliation and anointing of the sick are rooted in the Bible.

Explain the bible passage 1 Cor 11:21-27

Habit Formation:

- Examine your conscience every night before sleeping.
- ◆ Be humble and say sorry if you are wrong
- ♦ Work towards avoiding sin and take effort to be good and kind.
- ♦ Go to regular confession

Activity:

Make a smiley of a happy face and a sad face and stick/hang it where you see it everyday. Look at it and say which face matches how Jesus feels about you today.

Bible Verse:

Read and learn

1 John 1:9