

Lesson Plan

PATH FINDERS

CHAPTER 10

The Sacraments of Initiation

Objective

By the end of the lesson, students will be able to know what are the sacraments of initiation?

What is the significance of each sacrament and why do we Catholics receive all three sacraments together?

Introduction

Starter

Ask the students whether they know who their Godparents are?

Are their Godparents still alive?

Why do we need Godparents?

Do they intervene in the student's spiritual life when they stray from the right path?

Discuss the role of Godparents in the sacrament of Baptism. Ask the students whether Godparents have any role in the other two sacraments of initiation.

Explain how the role of godparents highlights the entire community's shared responsibility to support its members in their spiritual journey. In the early church also there was the practice of older members helping the newly baptised/ initiated members to understand the various aspects of the faith.

Presentation of the Topic

- **Baptism:** Symbolizes being born anew in the Spirit and entering into life with Christ. (Symbols associated with Baptism -white clothes, candle, baptismal font, etc. to be discussed)
- **Chrismation:** Provides strength and seals the faithful with the Holy Spirit, confirming their membership in the Church. Tell the students how the Holy Spirit comes down on the faithful during the laying on of hands. The oil used for confirmation – chrism, is blessed by the Bishop.
- **Eucharist:** Offers spiritual nourishment and eternal life. Each time you receive the Holy Eucharist worthily you become more strengthened in faith.

Explain why the three sacraments are not separate steps but a unified process to fully initiate a person into the fullness of Christian life.

Habit Formation

- Participate in the Holy Qurbana and receive Holy Eucharist worthily.
- Seek reconciliation and penance during the appropriate time during the Qurbana and be strengthened by Jesus in the Holy Eucharist.

Activity

If you get an opportunity to attend a baptism, participate wholeheartedly and observe the various rituals and ask yourself what they symbolise.

Bible Verse

Read and Learn: John 3:5

Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit.

Conclusion

Let us Pray

O! Jesus, who granted us the favour to become children of God through baptism, please bless us to fill ourselves with the Holy Spirit and bear witness to the gospel.