



# LESSON PLAN

## THE COVENANT OF SINAI (LESSON 8)

### 1. Objective (Learning Outcomes)

**By the end of this lesson, students will be able to:**

- Understand what a covenant is in the Bible.
- Explain the significance of the Covenant of Sinai and the Ten Commandments.
- Recognize the fulfillment of the Old Covenant in Jesus through the New Covenant.
- Apply the New Commandment of Love in their daily lives.

### 2. Starter (5 minutes)

**Opening Prayer:**

- Begin with a short prayer asking for wisdom and strength to live according to God's commandments.
- Icebreaker Question: Ask: "What rules do you follow at home or school? Why are rules important?" Connect: Just as rules guide us, God gave His people commandments to guide their lives.

### 3. Presentation of Lesson (20 minutes)

#### **a) Understanding Covenants (3 min)**

Simple definition: A covenant is a sacred agreement. Biblical meaning: A binding relationship between God and His people.

### **b) The Covenant of Sinai (5 min)**

God gave the Ten Commandments to Moses at Mount Sinai (Exodus 19–20).

It was a mutual promise: God blesses His people if they obey Him.

Exodus 19:4–6 (Read aloud).

### **c) Why God Gave the Commandments (2 min)**

To help the Israelites live as His chosen people. Like a loving Father, God gave rules for their good.

### **d) Visual Aid – Ten Commandments (5 min)**

Show chart/poster with the Ten Commandments.

Explain in simple, relatable examples (e.g., “Honor your father and mother” → (show love and respect at home).

### **e) Transition to the New Covenant (5 min)**

Ask: “What changed when Jesus came in the New Testament?”

Jesus gave the New Covenant at the Last Supper.

Matthew 26:27–28 → His blood = New Covenant of love, forgiveness, grace.

### **f) The New Commandment of Jesus (John 13:34–35) (2 min)**

Jesus says: “Love one another as I have loved you.”

The New Commandment does not cancel the Old, but fulfills it through love.

## **4. Activity (15 minutes)**

Group Activity – Old vs. New Commandments

Group A: Write any of the Ten Commandments on sticky notes and place them on “Old Commandments” poster.

Group B: Write ways to show love (e.g., forgiving, sharing, helping) and place them on “New Commandment” poster.

### **Discussion:**

Do both Old and New Commandments matter today? Why did Jesus focus on love?

Expected Insight: Love makes obedience meaningful. When we love, we naturally keep God’s commandments.

## 5. Habit Formation (5 minutes)

Encourage students to practice the following habits during the week:

- Choose one Commandment and make a conscious effort to live it (e.g., obey parents, speak truth).
- Show one act of love daily (help a classmate, forgive, share something).

## 6. Bible verse

Exodus20:6

## 7. Conclusion & Reflection (5 minutes)

- Summary Points:

Covenant of Sinai: God gave His people the Ten Commandments. Jesus fulfilled the Old Covenant and gave the New Covenant. The New Commandment is love, which makes us true children of God.

- Closing Prayer:

Ask for the grace to live in obedience and love