# **LESSON PLAN**

A comprehensive guide

Grade 5 & 6: Torch bearers

Topic: Lesson 1

Name: History of Salvation

# **Learning Objectives**

By the end of this lesson, students will be able to:

- Understand the concept of salvation in Christian faith.
- Learn the key events in the history of salvation, from Creation to the promise of eternal life.
- Understand the structure of the Bible (Old and New Testament).
- Recognize the significance of the Bible in religious and human life.
- Explain the key themes of the Bible: guidance, life-giving word, and God's messages.
- Identify key books in the Bible and their content.
- Reflect on the Bible as a source of comfort, strength, and moral guidance.

### **Lesson Procedure**

#### I. Introduction (10 minutes)

- Begin with a short prayer asking for God's guidance in understanding His Word and His plan for salvation.
- Start by asking students what they know about the Bible. Do they have any prior knowledge of its structure and significance?
- Introduce the main idea of the lesson: The Bible is a collection of 73 books, a guide to life, and a way for God to communicate with humanity.

### II. Presentation of the Main Topic (30 minutes)

What is the Bible?

Share that the Bible is divided into two main parts:

- Old Testament (46 books)
- New Testament (27 books)

Mention that the Bible is not just for Christians but for the whole of humanity, offering guidance and lessons for life.

### Interesting Facts About the Bible:

\* It is the most-read book, the most-sold book, and the book with the largest number of copies printed.

\* It has been published in the largest number of languages.

### Discuss the main features of the Bible with the students:

- A Guide to Life: Provides lessons on human origins, the purpose of life, and how to live according to God's will.
- The Life-Giving Word: Share the idea that the Bible nourishes the soul just like food nourishes the body (Matthew 4:4).
- The Message of God: It communicates God's love, comfort, strength and healing.

# **Breakdown of the Old and New Testaments:**

- 1. Write the names of the first five books of the Old Testament (Genesis, Exodus, Leviticus, Numbers, Deuteronomy) on the board. Explain that they are collectively called the **Pentateuch**.
- 2. Discuss how the Old Testament focuses on God's plan for mankind's salvation and the history of Israel through patriarchs, judges, kings and prophets. The books are divided into three categories **Historical, Prophetic and Instructional.**
- 3. Talk about the New Testament, focusing on the Gospels (the life and teachings of Jesus) and other writings (Acts of the Apostles, Letters of St. Paul, Catholic Letters, Revelations).
  Explain how the New Testament is the fulfilment of the Old Testament.
- History of God-Experience: Explain that the Old Testament was a result of the desire of the people to hand over God-experience to the coming generations and how that experience helps

# Activity

- Bible Scavenger Hunt:
- Divide the students into small groups and give them a list of key Bible verses or topics to find (e.g., Genesis 1:1, Matthew 4:4, Psalms 23). Each group must find the verse, discuss its meaning, and explain its relevance.
- Example topics for verses: Creation, Love of God, The Word of God, Parables of Jesus.
- After the hunt, have each group share their findings with the class

### Habit

Inculcate the habit of reading 1 chapter of Bible everyday day.

### Homework (Optional):

Assign students to choose a story or teaching from the Bible (either from the Old or New Testament) and write a short reflection on how it could apply to their life.

# **Bible verse:**

'Your word is a lamp to my feet and a light to my path'. (Psalm 119:105)

# **Closing Reflection and Prayer**

### **Reflection Questions:**

Ask the students to reflect on the following:

- "How can we be part of God's plan of salvation?"
- "What does it mean to you that Jesus came to save us?"

#### Closing Prayer:

Close the class with a prayer, thanking God for His love and salvation plan, and asking Him to help us live according to His will.