

# Lesson Plan

## Faith Explorers

### CHAPTER 9

#### JESUS WHO OBEYED THE COMMANDMENTS

### Objective

By the end of the lesson, students will be able to:

- To understand how Jesus obeyed God's commandments and social laws.
- To learn the importance of obedience in Christian life.
- To reflect on how we can follow Jesus by obeying God, parents, and the Church.
- To become familiar with the Five Precepts of the Church, feast days, and days of fasting and abstinence.

### Introduction

#### Option 1- Tell a short story:

"Once there was a little boy who wanted to play outside. But just before he went, his father asked him to help carry something first. The boy obeyed happily, and later he found that by listening to his father, he avoided getting caught in the heavy rain outside. Obedience protected him, even though he didn't understand it at first."

👉 **Connect:** "In the same way, Jesus obeyed His parents and God's commandments, and we too are safe and happy when we obey."

## Option 2 – Obedience Game Starter

Play a quick game of “Opposite Simon Says”:

Say: “When I say ‘stand,’ you sit. When I say ‘sit,’ you stand.”

**After 1–2 minutes of fun, ask: “Was it easier to obey? Sometimes it is hard or confusing. But Jesus always obeyed with love, and that helped Him grow in wisdom and favour.”**

### Introduction:

*Jesus, the Son of God, humbled Himself and obeyed both God’s commandments and human authorities. From His childhood, Jesus followed His parents and observed Jewish laws. His life is a perfect model of obedience. This lesson will help us understand how Jesus’ obedience guides us to live holy lives.*

## Presentation of the Topic

1. *Explain how Jesus obeyed His parents in Nazareth and grew in wisdom, age, and favour with God and people (Luke 2:41–52).*
2. *Show how He joined His parents in synagogue worship, celebrated feasts, and kept Jewish customs.*
3. *Introduce the Five Precepts of the Church in very simple language (e.g., “Go to Mass on Sundays, receive Jesus in Holy Communion, go for Confession, keep fasting and special days, and support the Church”).*
4. *Show that the Church helps us to grow closer to God by guiding us through these practices.*

## Habit Formation

**Encourage students to practice one small habit of obedience this week:**

- ☐ **At home:** Obey parents the first time they say something (without arguing).
- ☐ **At school:** Listen carefully to teachers and follow classroom rules.
- ☐ **In church:** Sit quietly and pray during Mass without disturbing others.

✍ Write this as a “My Obedience Promise” on a small slip of paper: “This week, I will obey my parents/teacher/God with love, just like Jesus did.”

# Activity

Discussion: Where can we practice obedience (at home, in school, in church)?

Sharing: Children share a small story of when they obeyed and something good happened

# Bible Verse

Read and Learn

**Luke 2:52**

“Jesus increased in wisdom, age, and in divine and human favour.”

# Conclusion

Obedience is not weakness, but strength. Jesus shows us that obeying God, parents, and the Church helps us grow in wisdom, love, and holiness.