

LESSON PLAN

CHAPTER 3

Summit Seekers

Std 11 & 12

Christian Faith- content and characteristics

Objective

By the end of the lesson, students will be able to:

1. Understand the origin and nature of faith.
2. Recognize faith as a response to God's revelation.
3. Appreciate the complementary roles of faith and reason.
4. Realize the relevance of faith in daily life.
5. Embrace the Creed as a summary of Christian faith.

Introduction

- **Introduce the chapter with a story:**

There was once a young man who went mountain hiking all alone. He was experienced but adventurous, and one evening, while descending a tricky trail, he slipped and fell off a cliff.

By sheer luck, he grabbed onto a branch sticking out from the cliff's edge. It was night—dark, cold, and the valley below was invisible. He panicked. He was afraid of falling, so he held on tightly, screaming for help. After some time, exhausted and desperate, he cried out to God:

“God, please save me!”

And then—he heard a voice in the darkness: “Let go of the branch.”

The young man was shocked. Let go? Was this God? Was this a joke? How could he let go when he didn’t know what was below? So, he held on all night... shivering, praying, afraid.

When morning came, the sun rose, and rescuers found him...

...still hanging onto the branch—just two feet above the ground. If only he had trusted that voice.

- **Discussion**

1. What would you have done if you were in his place?
2. Why do we often find it hard to trust—even when we pray?
3. Can you think of a time you had to trust without knowing the outcome?

(Allow a few students to share. If they’re quiet, give an example from your life or a relatable situation—like waiting for exam results, healing from illness, or family decisions.)

- This story is a lot like our lives. We ask God for help, and sometimes His answer is not what we expected. Faith means trusting even when we can’t see the full picture. Just like that boy had to trust the voice in the dark, faith is trusting God—even when His answer isn’t visible, comfortable, or immediate.

Today, we’re going to go deeper into what faith really is, how we receive it, and how it transforms our life.

Presentation of the Topic

A. The Nature of Faith

- *Faith is a Divine Gift: (Mt 16:17)*
- *Faith is a Mystery: (CCC 273)*
- *Faith is a Human Act: It involves free will and reason.*
- *Faith and Reason: St. Augustine – “I believe to understand...”*
- *Faith is a gift to be Guarded*
- *Faith is Essential for Eternal Salvation*

B. Characteristics of Faith (Scripture references)

Emphasize: Faith leads to action, dependence, salvation.

Ex 4:31, Ps 36:6, Rom 1:17, Mk 11:20-24, Jn 3:16

C. **Contents of Christian Faith**

- *Four Pillars: Belief, Celebrations, Lived Faith, Prayer*
- *Two Creeds: Apostles' Creed (I believe), Nicene Creed (We believe) Nicene Creed – originated from Councils of Nicaea and Constantinople*

Habit Formation

1. Recite the Apostles' Creed or one line from the Nicene Creed every morning as a declaration of faith.

Example: "I believe in one God, the Father Almighty..."

2. Every morning or night, ask yourself:

"How did I live my faith today?" or "How will I show my faith today?"

Activity

Faith Mirror

1. Give each student a small paper/card with a simple mirror outline or the title "My Faith Mirror" at the top.
2. Ask them to write 3 short sentences inside the "mirror" frame in response to:
 - Who I believe God is to me
(e.g. My strength, my guide)
 - How my faith helps me in life
(e.g. Gives me peace before exams)
 - One way I want to grow in my faith
(e.g. Trusting God more in tough times)
3. After 5–7 minutes, invite a few students to share what they wrote

Bible Verse

Read and Learn

John 5:24

Conclusion

Reinforce:

- ☐ Faith is my response to God's love.
- ☐ The Creed summarizes what we believe.
- ☐ Faith should be visible in my daily actions.

End with a short prayer:

Lord, strengthen our faith. Help us to live according to what we believe. Let our lives reflect the truth that You are always with us.