



CHAPTER 10: GROW IN GOODNESS & FIGHT AGAINST EVIL

Objective (Learning Outcomes)

Knowledge Objectives:

- Students will understand the life of Joseph as a model of goodness and virtue.
- Students will recognize the different levels of war against evil (internal, external, and social).
- Students will learn the spiritual weapons to resist evil (Word of God, prayer, sacraments, fellowship).
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Attitude Objectives:

- Students will develop a desire to grow in goodness and holiness.
- Students will be motivated to resist temptations and stand for truth and justice.

Skill Objectives:

- Students will be able to identify good and evil actions in real-life situations.
- Students will plan practical ways to respond to social evils in their environment.

Starter (5–7 minutes)

Option 1: Story Starter Begin with a short video or narration about Joseph – from being betrayed by his brothers to becoming governor of Egypt.

Ask:

“What helped Joseph stay good even when everything went wrong?”

“Have you ever faced a situation where doing good was difficult?”

Option 2: Icebreaker Activity Write “GOOD” and “EVIL” on opposite sides of the board.

Give scenarios (e.g., helping a classmate, cheating in exams, gossiping, praying daily).

Ask students to move to the side they think represents the action.

Briefly discuss why some choices are difficult even if we know they’re right.

Presentation (15–20 minutes)

A. Joseph – A Model of Goodness

Discuss Joseph’s four life stages briefly:

1. Joseph in the Pit (Gen 37) – Betrayed but trusted in God.
2. Joseph in Prison (Gen 39) – Suffered unjustly but remained righteous.
3. Joseph the Wise Ruler (Gen 41) – Used wisdom to serve others.
4. Joseph the Savior of His Family (Gen 45) – Forgave and blessed those who wronged him.

→ Moral: Goodness, patience, and self-control lead to victory with God’s grace.

B. The Christian War Against Evil

Internal Evil: desires and temptations within (Gal 5:19–21).

External Evil: Satan and worldly influences (Eph 6:12).

Social Evil: injustice, violence, corruption, discrimination.

→ We are soldiers for Christ – called to resist evil at all levels.

C. Spiritual Weapons Against Evil (Eph 6:14-17)

1. Truth – Be honest and sincere.
2. Righteousness – Live a moral life.
3. Faith – Trust God always.
4. Word of God – Our sword against temptation.
5. Prayer & Fasting – Strength against sin.
6. Sacraments – Reconciliation and Holy Qurbana purify and strengthen us.
7. Fellowship – Working together in faith keeps us strong.

→ “This kind can come out only through prayer.” (Mk 9:29)

D. Jesus – Our Model in Fighting Evil

Overcame temptation in the desert (Mt 4:1–11).

Cast out demons and stood for truth.

Defeated Satan through His death and resurrection.

→ Therefore, no evil can overcome the goodness rooted in God.

Activity

Activity 1: Group Discussion

Divide the class into 3 groups:

1. Internal Evil: How can we control desires and temptations?
2. External Evil: What daily habits can help resist the devil?
3. Social Evil: What can we do as youth to fight social issues like drug abuse, bullying, or media misuse?

Each group presents 2–3 practical points.

Habit Formation

“Digital Discipline” Habit

Since temptation often comes through media:

No phone during prayer, meals, or study time.

Unfollow/unsubscribe any content that promotes negativity or sin.

Share one positive or faith-filled message each week online---

Conclusion

Summarize:

Goodness is the fruit of the Holy Spirit.

Evil can only be overcome with God’s strength.

Jesus and Joseph are our role models of moral victory.

Bible Verse:

"Do not be overcome by evil, but overcome evil with good." – Romans 12:21

Lead the class in a short prayer:

> “Lord Jesus, give us the strength to resist evil,
grow in Your goodness, and live as Your children. Amen.”